DRINKS MENU

GOOD FOOD MADE FRESH.

ICED & HOT DRINKS

	Reg	Large	Grande
CAPPUCCINO	37	40	44
CAFÉ LATTE		40	44
AMERICANO	30	34	38
ESPRESSO	26	29	
FLAT WHITE	38		
CORTADO NEW	32		
CAFÉ MOCHA		46	50
CHAI LATTE		45	49
DIRTY CHAI LATTE NEW chai, espresso, milk		45	
Substitute: Almond Milk		13	





	Reg	Large	Grande
HOT CHOCOLATE		45	49
WHITE HOT CHOCOLATE		45	49
CAFE MOCHA SYMPHONY white choc, espresso, steamed milk		48	52
RED CAPPUCCINO		41	
ICED MATCHA NEW		50	
MATCHA LATTE NEW		45	
CARAMEL / HAZELNUT LATTE		41	45
ICED LATTE - 2 shots, milk, ice		44	
ICED AMERICANO - 2 shots, water, ice		40	
FIVE ROSES/ ROOIBOS	24		



SMOOTHIES

URBAN GEM 55
banana, almonds, milk, yoghurt, honey

LEMON & GINGER 59
fresh lemon, lemon syrup, ginger, pineapple, apple juice, mint, ice

STRAWBERRY MANGO 58
strawberries, mango, apple juice, ice

VERY BERRY 59
mixed berries, pineapple, natural yoghurt, apple juice, honey, ice

MANGO MANIA 59
mango, pineapple, banana, apple juice, ice



TROPICAL GINGER 60
mango, pineapple, ginger, apple juice, ice

VITA C 56
orange, carrot, mango, apple juice, ice

STRAWBERRY SENSATION 59
strawberry, banana, natural yogurt, apple juice , ice

PEANUT BUTTER BLAST 58
peanut butter, banana, choc, milk, ice

NUTTY BANANA 55
banana, almonds, peanut butter, milk, ice

BERRY BLAST 59
mixed berries, banana, pineapple, apple juice, ice

Substitute: Almond Milk 13

FREEZOS

COFFEE FREEZO 59
the original coffee freezo, milk, ice

CHAI FREEZO 59
chai freezo, milk, ice

CHOC FREEZO 59
choc freezo, milk, ice

MOCHA FREEZO 59
coffee & choc freezo, milk, ice

MATCHA FREEZO NEW 60



FRESH EXTRACTED JUICES

SUNSHINE 55
orange, carrot, ginger

MEDLEY 54
pear, apple, orange

JUST ORANGE 52
orange

BREAKFAST MENU

GOOD FOOD MADE FRESH.

BREAKFAST (Options - Farmhouse White, Brown or Sourdough)

SUNRISE OATS 51
with fresh banana, sunflower seeds, almonds, cinnamon, honey and milk



BREAKFAST BOWL 59
natural yoghurt, seasonal cut fruit and granola

LITE BREAKFAST 45
2 Eggs (Scrambled or Fried) with grilled tomato and toast

ON THE GO BREAKFAST 57
2 Eggs (Scrambled or Fried), bacon, grilled tomato and toast

POACHED EGGS ON SOURDOUGH NEW 58
2 poached eggs on sourdough and sliced avo



OMELETTE 54
3 egg omelette served with cheddar cheese and a slice of toast.

Add:
Bacon 24
Mushrooms 19
Ham 16

AVO SRIRACHA TOAST 50
egg (fried or scrambled) on toast with avo and sriracha

EGG TOASTIE 44
2 egg toastie with your choice of bread

EGG & CHEESE TOASTIE 50
egg, cheddar cheese toastie with your choice of bread

EGG & BACON TOASTIE 56
egg & bacon toastie with your choice of bread

BREAKFAST WRAP 48
scrambled eggs and roasted baby tomato

ULTIMATE BREAKFAST WRAP 68
scrambled eggs, roasted baby tomato, bacon, cheese



BREAKFAST PANINI 65
scrambled egg, mozzarella, tomato

ULTIMATE BREAKFAST PANINI 80
scrambled egg, bacon, mozzarella, tomato

FULL HOUSE BREAKFAST 67
2 Eggs (Scrambled or Fried), bacon, grilled tomato, fries and toast

Add:
Fried Banana 8

BACON ROLL NEW 40
2 rashers bacon on a Brioche bun

Add:
Fried Egg 12
Cheddar 19
Beef Sausage 20

BREAKFAST MUFFIN NEW
English muffin with fried egg 35
English muffin with fried egg, beef sausage 57
English muffin with fried egg, bacon 52



BREAKFAST BURGER NEW 80
beef patty, fried egg on a Brioche bun

Add:
Bacon 24
Mozzarella 19

MUFFINS

We bake our muffins fresh daily serving a different flavour each day from our bank of recipes including:

Bran
Double Chocolate
Blueberry
Lemon Poppy Seed
Banana
Pear & Muesli
Pecan Date
Apple & Cinnamon
Carrot
Berry & White Choc



(V) Vegetarian | (H) Hot & Spicy | **ALLERGENS:** Menu contains traces of nuts, gluten, dairy, eggs, seafood, soy, sesame seeds amongst others. | Delivery Fee R12 between 11-2pm | Open 7 - 4pm (Mon - Fri)